

## **Scottish Massage Schools**

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Scotland's leading provider of complementary therapies training

## **DIPLOMA IN REMEDIAL AND SPORTS MASSAGE**

Thank you for your interest in our eight-month Diploma in Remedial and Sports Massage course. Courses are held in **Grampian**, **Inverness and Edinburgh**. You require a Diploma in Swedish / Therapeutic / Holistic Massage to be able to apply for this course – if you are unsure of your qualification, please get in touch.

This course is designed to continue on from our Swedish Massage into the realms of Remedial and Sports Massage. The course will review and build on past study, developing massage techniques and teaching basic examination and mobilising techniques. You will also learn other muscle balancing techniques and more ways of using your skills in health maintenance. All these skills enhance the effectiveness of the massage therapy treatment and are of particular value in the field of Sport.

The Remedial & Sports course is held one weekend a month for 8 months, 8.30am-5pm both days, and the cost of the course is £1,800. The non-refundable registration fee is £350 (unless we cancel the course). You may pay the remainder of £1,450 at the beginning of the course or in six further instalments of £250, by banker's order. All fees must be paid by weekend six (6) and there are no refunds after weekend one (1).

GSRM30 - the Grampian course will be held in Ellon in The Studio, New Inn Hotel Courtyard, Market Street, Ellon, AB41 9JD on: 14<sup>th</sup>/15<sup>th</sup> Jan, 11<sup>th</sup>/12<sup>th</sup> Feb, 11<sup>th</sup>/12<sup>th</sup> March, 15<sup>th</sup>/16<sup>th</sup> April, 20<sup>th</sup>/21<sup>st</sup> May, 24<sup>th</sup>/25<sup>th</sup> June, 22<sup>nd</sup>/23<sup>rd</sup> July and 12<sup>th</sup>/13<sup>th</sup> Aug 2023.

LSRM43 - the Edinburgh course will be held in Edinburgh Academy Junior School, 10 Arboretum Rd, EH3 5PL on: 21st/22nd Jan, 25th/26th Feb, 25th/26th March, 22nd/23rd April, 27th/28th May, 17th/18th June, 22nd/23rd July and 19th/20th Aug 2023.

More information is listed in our 'Course Syllabus' Booklet.

On successful completion of the course, you will be awarded a Diploma in Remedial and Sports Massage. This will entitle you to practise Remedial and Sports Massage and procure insurance for the new techniques you have learned.

However, you may wish to continue to study on the full Advanced Remedial Massage course or the Sports Event Therapy course – these can be done as a follow on and complement what is learnt on the Remedial & Sports massage course.

We look forward to receiving your registration form, which you will find in the brochure. If you would like more information, then don't hesitate to phone us.

Yours sincerely

Lorna Forrester (Principal)

SQA Approved Centre