

APPLICATION FORM

Please complete the following enrolment form:

Surname: _____

Forename: _____

Address: _____

Postcode: _____

Phone no.: _____

Email: _____

Date of birth: _____

Gender: _____

Occupation: _____

Qualifications: _____

I hereby apply for the Remedial & Sports Massage course in **Ellon / Inverness / Edinburgh** (delete as appropriate) and enclose a non-refundable registration fee of £350 payable to Scottish Massage Schools. I also enclose copies of my diplomas, insurance and first aid certificates.

SMS collects necessary personal data (above) from students in order to carry out the effective enrolment, administration and delivery of its courses. Only Head Office and your Course Leader will have access to your data. SMS adheres to the Data Protection Policy and will not share your information with any other organisation.

I agree to SMS holding my data. If so, please tick the box. ☐

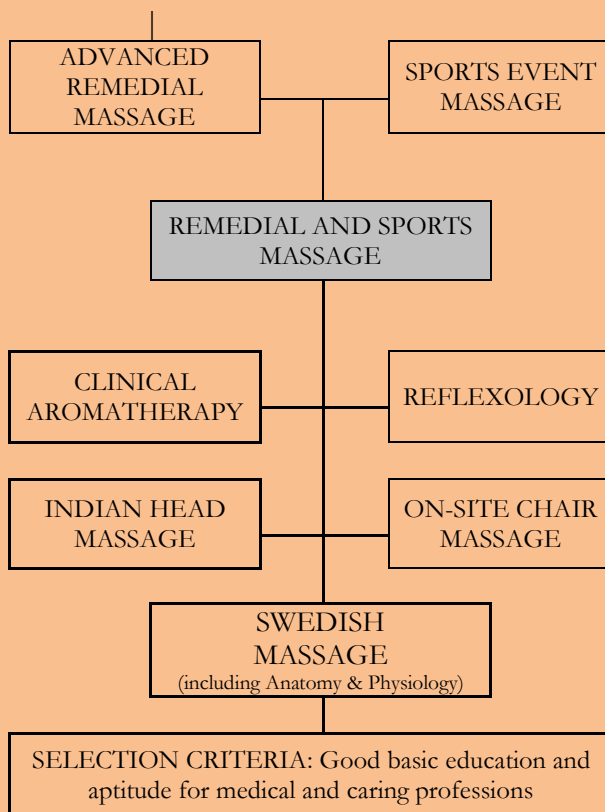
Signed: _____

Where did you hear about SMS and this course?

CAREER PROGRESSION

The courses run by Scottish Massage Schools are intended to provide the serious student with a complete career structure.

MANIPULATIVE THERAPY



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**DIPLOMA IN
REMEDIAL &
SPORTS MASSAGE
IN
ABERDEENSHIRE,
INVERNESS, PERTH
& EDINBURGH**



REMEDIAL & SPORTS MASSAGE

Remedial & Sports Massage is the skilled, manual, therapeutic application of soft tissue manipulative techniques.

CONTENT

The subjects include: Remedial Massage – its uses, effects and contraindications; the application of massage techniques to sports people; stress; assessing and mobilising techniques; and practice management

Homework and case studies form part of the course.

ENTRANCE REQUIREMENT

Diploma in Swedish Massage, or equivalent

DURATION

Eight weekends; 8.30am – 5pm both days. See enclosed letter for dates.

VENUES

Ellon, Inverness & Edinburgh.

FEES

£1,800 including VAT (From Sept 2019)

Registration (non-refundable):

£350

Tuition:

Option 1 - £1,450

Option 2 - 6 instalments @ £250, monthly by banker's order

Most major credit cards accepted. Please call Scottish Massage Schools with card details to arrange payment.

LORNA FORRESTER

BSc MBA TQFE
DSM DOSM DIR DCA RMT SMT0



REMEDIAL & SPORTS MASSAGE

The Remedial & Sports Massage Diploma course brings together the dynamics of Remedial Massage, and the tried and tested techniques of Sports Massage.

The methods and protocols of the various applications of Remedial and Sports Massage for all athletes, whether working at computers, building, engineering, nursing or sports etc., are presented. These include performance enhancement, restorative, event-related and rehabilitative techniques.

Career opportunities in this field are on the increase as more and more people are actively seeking Remedial and Sports Massage therapists.

Modules are available on request.

Graduates are invited to apply to the Scottish Massage Therapists Organisation for membership and insurance

COURSE TUTORS

Lorna Forrester RMT DCA DIR DOSM

SMT0 – Principal of Scottish Massage Schools and is involved with all courses in Edinburgh and Aberdeen. Lorna is a practising Remedial Massage Therapist, Clinical Aromatherapist, Reflexologist and On-Site Massage Therapist in Edinburgh, and runs her own company offering Massage in the Workplace to UK-wide businesses.

Gareth Phillips - DARM DRSM DSM

Med Acup, SMT0 – Leader of the Remedial & Sports course in Edinburgh. Gareth runs a private clinic in Kirknewton, West Lothian using Advanced Remedial Massage & Medical Acupuncture. He also works with Edinburgh Rugby Academy players.

Lori Smith - DARM DRSM DSEM DSM

Med Acup, SMT0 CNHC - Leader of the Swedish and Remedial & Sports Massage courses in Aberdeen. Lori runs a busy clinic in Peterhead where she practices Advanced Remedial & Sports Massage, Hot Stone & Aromatherapy Facial Massage, Kinesio Taping and Medical Acupuncture. She also works closely with local sport clubs.

Gary Morrison DARM DRSM DSM

Med Acup SMT0 - Leader of the Remedial & Sports Massage course in Inverness. Gary runs a busy clinic in Huntly where he practises Advanced Remedial Massage and Medical Acupuncture. Gary is also a First Aid Trainer.